

# IOF & ISCD Course

## Osteoporosis Essentials: Densitometry, Diagnosis and Management Course

15 September 2023 (Friday)

Time	Topic	
13:45 – 14:15	Registration	S221 Foyer
14:15 – 15:55	<b>IOF &amp; ISCD Osteoporosis Course (Combined Session)</b> S221 Overview of Osteoporosis (Dr. Tai-pang IP, Tung Wah Hospital) Clinical Evaluation of Bone Health (Dr. Tai-pang IP, Tung Wah Hospital)	
15:55 – 16:10	Coffee Break	S221 Foyer
16:10 – 17:50	<b>Clinician Course</b> S221 Diagnosis of Osteoporosis (Dr. Andrew Yiu-yan HO, Tuen Mun Hospital) Fracture Risk (Dr. Andrew Yiu-yan HO, Tuen Mun Hospital)	<b>Technologist Course</b> S224 - S225 X-ray Science, Radiation Safety and Quality Assurance (Ms. Eva Yee-wah CHAN, Queen Mary Hospital) Quality Control (Ms. Eva Yee-wah CHAN, Queen Mary Hospital)

16 September 2023 (Saturday)

Time	Topic	
08:00 – 08:30	Registration	Registration S221 Foyer
08:30 – 09:20		<b>Technologist Course</b> S224 - S225 Bone Measurement Device Operating Principles (Dr. Charles Tsz-kit CHOW, Tuen Mun Hospital)
09:20 – 11:00	<b>Clinician Course</b> S221 Principles of DXA Acquisition Analysis and Interpretation (Dr. Charles Tsz-kit CHOW, Tuen Mun Hospital) Monitoring Treatment (Dr. Flora Cheuk-wah HO, United Christian Hospital)	<b>Technologist Course</b> S224 - S225 Role of Technologist (Dr. Hugh Yen-hey LAU, Queen Elizabeth Hospital) Anatomy, Positioning & Acquisition – Spine (Dr. Hugh Yen-hey LAU, Queen Elizabeth Hospital)
11:00 – 11:15	Coffee Break	S221 Foyer
11:15 – 12:55	<b>Clinician Course</b> S221 How to Interpret and Report DXA (Dr. David Tak-wai LUI, The University of Hong Kong) Can You Trust This DXA Report (Dr. David Tak-wai LUI, The University of Hong Kong)	<b>Technologist Course</b> S224 - S225 Anatomy, Positioning & Acquisition – Femur and Forearm (Dr. Carkos Wai-ip Li, Queen Elizabeth Hospital) Vertebral Fracture Assessment (Dr. Carkos Wai-ip Li, Queen Elizabeth Hospital)
12:55 – 13:55	Lunch Break	
13:55 – 15:35	<b>Clinician Course</b> S221 Clinical Management Part 1 : Non-pharmacological Treatment (Dr. Tin-wai Wong, Ruttonjee Hospital) Clinical Management Part 2: Pharmacological Treatment of Osteoporosis (Dr. Tin-wai Wong, Ruttonjee Hospital)	<b>Technologist Course</b> S224 - S225 Scan Analysis (Dr. Theo Tak-kwong CHAN, Queen Elizabeth Hospital) Clinical Case review (Dr. Theo Tak-kwong CHAN, Queen Elizabeth Hospital)
15:35 – 15:50	Coffee Break	S221 Foyer
15:50 – 17:30	<b>Clinician Course</b> S221 Clinical Management Part 3: Adverse Effects of Osteoporosis Medications, Combination Therapy and Drug Holidays (Dr. Ka-kui LEE, The University of Hong Kong) Cases for Discussion (Dr. Ka-kui LEE, The University of Hong Kong)	<b>Technologist Course</b> S224 - S225 Clinical Management of the Osteoporotic Patient (Dr. Carmen Tze-kwan HO, Queen Mary Hospital) Case-based Clinical Application (Dr. Carmen Tze-kwan HO, Queen Mary Hospital)

The programme is subject to change without prior notice.

# Programme

17 September 2023 (Sunday)

All times indicated are Hong Kong Time (UTC +8)

Time	Session/Topic/Speaker	
08:30 – 09:00	Registration	S221 Foyer
09:00 – 10:00	<b>Session 1 - Osteoporosis in the Focused Groups (Part 1)</b> Chairpersons: Dr. Ka-kui LEE, Dr. Raymond Hang-wun LI  <i>Approach to Osteoporosis and Management in Patients with Chronic Kidney Disease (Virtual)</i> Speaker: Prof. Paul MILLER, Distinguished Clinical Professor of Medicine, University of Colorado Health Sciences Center, United States of America  <i>Preventing Osteoporosis in Women with Premature Ovarian Insufficiency</i> Speaker: Prof. Mary Ann LUMSDEN, Honorary Professor of Gynaecology and Medical Education, University of Glasgow, United Kingdom	S221
10:00 – 11:00	<b>Session 2 - Osteoporosis in the Younger Women</b> Chairpersons: Dr. Sue Seen-tsing LO, Dr. Grace Ching-yin WONG  <i>Diet Intervention to Prevent Osteoporosis</i> Speaker: Ms. Sylvia See-way LAM, Accredited Dietitian, Hong Kong Academy of Accredited Dietitians  <i>Bone Health in Early Post-menopausal Women: Revisit and Update</i> Speaker: Prof. Mary Ann LUMSDEN, Honorary Professor of Gynaecology and Medical Education, University of Glasgow, United Kingdom	S221
11:00 – 11:30	Coffee Break and Poster Viewing	S222 - S223
11:30 – 12:30	<b>Session 3 - Osteoporosis in the Elderly</b> Chairpersons: Prof. Timothy KWOK, Dr. Sheung-wai LAW  <i>Fall Risk Screening and Prevention Strategies for the Elderly</i> Speaker: Dr. Kenny Wai-ming WONG, Consultant, Tuen Mun Hospital  <i>Fracture Liaison Service: 8 Years of Experience in the United Christian Hospital</i> Speaker: Dr. Albert Yung-chak HSU, Consultant, United Christian Hospital	S221
12:30 – 13:30	<b>Session 4 - Lunch Symposium (Sponsored by Amgen)</b> Chairpersons: Dr. Andrew Yiu-yan HO, Dr. Sze-hung WONG  <i>Balancing the Risks and Benefits for Geriatric Patients at Very High Risk of Fracture with Cardiovascular Risk Factors</i> Speaker: Dr. Michael MCCLUNG, Founding and Emeritus Director, Oregon Osteoporosis Center, United States of America	S221
13:30 – 14:00	<b>Session 5 - Guideline Session</b> Chairperson: Dr. Andrew Yiu-yan HO  <i>Highlights of the OSHK Osteoporosis Guideline 2023</i> Speaker: Dr. Tai-pang IP, Consultant, Division Head, Division of Endocrinology, Tung Wah Hospital	S221
14:00 – 14:15	<b>Opening Ceremony</b> Guest of Honour: Dr. Tony Pat-sing KO, Chief Executive, Hospital Authority	S221
14:15 – 15:40	<b>Session 6 - Advances in the Diagnostics in Osteoporosis &amp; Osteoporosis in the Focused Groups (Part 2)</b> Chairpersons: Dr. David Koon-kiu NG, Dr. Tin-wai WONG  <i>Report Automation for Dual-energy X-ray Absorptiometry by Artificial Intelligence</i> Speaker: Dr. Wai-yin HO, Consultant in Nuclear Medicine, Queen Mary Hospital  <i>Use of Trabecular Bone Score: What, How and When?</i> Speaker: Dr. Eunice Ka-hong LEUNG, Specialist in Endocrinology, Diabetes and Metabolism, Queen Mary Hospital  <i>Osteoporosis in Men (Virtual)</i> Speaker: Prof. Peter EBELING, Professor of Medicine, Monash University, Australia	S221
15:40 – 16:00	Coffee Break and Poster Viewing	S222 - S223
16:00 – 17:25	<b>Session 7 - Challenges in Osteoporosis Management</b> Chairpersons: Dr. Alan Chun-hong LEE, Dr. Iris Sze-ling NGAI  <i>Before and During Anti-resorptive Treatment – Advice from Dental Surgeon</i> Speaker: Dr. Joan Chi-ching WAN, Part-time Clinical Lecturer, The University of Hong Kong  <i>Atypical Femur Fracture – Perspective from Orthopaedic Surgeon</i> Speaker: Dr. Ronald Man-yeung WONG, Clinical Assistant Professor, The Chinese University of Hong Kong  <i>Atypical Femur Fracture – Pharmacological Treatment Before and After</i> Speaker: Dr. Michael MCCLUNG, Founding and Emeritus Director, Oregon Osteoporosis Center, United States of America	S221
17:25 – 17:30	Closing Remarks	S221

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